

# **ANIMALS FOR HEALTH RESEARCH**

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# MAN DEPENDED ON ANIMALS FOR SURVIVAL

- **Food: Cattle, Sheep, Pig, Poultry**
- **COMPETITION AND COMPANION SHIP**
- **ACQUISITION OF KNOWLEDGE**

**(Galen 129-200 AD - Wild deer, Artery contained blood not air)**

# **RESEARCH IN ANIMALS OVER 100 YEARS LEAD TO**

- **Understanding of the basic functioning of mammalian physiology**
- **Causes and process of disease**
- **Mechanism of infectious diseases & immunity & Non-communicable diseases**
- **Methods to prevent them**
- **Discovery of nutrients, anti-nutrients, non-nutrients, toxicants, antidotes, drugs etc.**
- **Finally to help human & animals lead a relatively better quality of life**

# DISCOVERIES

- 1600's
  - Discovery of blood circulation
  - Discovery of the function of the lungs
- 1700's
  - Measurement of blood pressure
- 1800's
  - Vaccination to stimulate immunity
  - Understanding of infectious diseases
- 1900's
  - Discovery of antibodies
  - Understanding of hormone systems
- 1920's
  - Discovery of vitamins
- 1930's
  - Discovery of the mechanism of nerve impulses
  - Discovery of tumour viruses

# DISCOVERIES (Contd..)

- 1940's - Understanding of embryonic development
- 1950's - Understanding the control of muscle activity
- 1960's - Discovery of monoclonal antibodies  
Understanding the biochemical functions of the liver
- 1970's - Understanding of transplantation antigens  
Understanding the way the brain functions  
Discovery of prostaglandins
- 1980's - Development of transgenic animals  
understanding the basis of memory
- 1990's - Understanding auto immune disorders  
*In vitro* fertilization, cloning, gene manipulation
- 2000's - Regeneration, stem cells, epigenetics

# TRANSLATION OF DISCOVERIES

- 1920's - Insulin for diabetes
- 1930's - Modern anaesthetics for surgery, Diphtheria vaccine
- 1940's - Broad-spectrum antibiotics for infections
  - Whooping cough vaccine
  - Heart-lung machine for open-heart surgery
- 1950's - Kidney transplants
  - Cardiac pacemakers and replacement heart valves
  - Polio vaccine
  - Drugs for high blood pressure
  - Hip replacement surgery
- 1960's - Corneal transplants
  - Rubella vaccine
  - Coronary bypass operations
  - Heart transplants
  - Drugs to treat mental illness

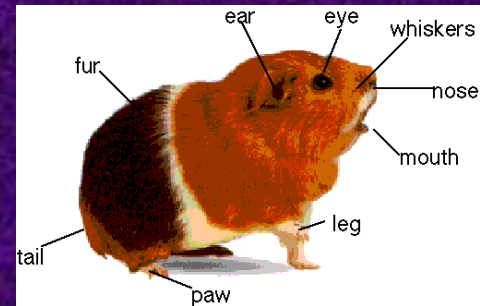
# **TRANSLATION OF DISCOVERIES** (Contd..)

- 1970's -**
  - Drugs to treat ulcers**
  - Improved sutures and other surgical techniques**
  - Drugs to treat asthma**
  - Drugs to treat leukaemia**
- 1980's -**
  - Immunosuppressant drugs for organ transplants**
  - CAT scanning for improved diagnosis**
  - Life-support systems for premature babies**
  - Drugs to treat viral disease**
- 1990's -**
  - Laparoscopic surgical techniques**
  - Breast Cancer Links**
  - Gene therapy for cystic fibrosis**
- 2000's -**
  - Stem cell therapy**



## LABORATORY ANIMAL

*"Man made biological tool, nurtured in a controlled environment. Maintained on a standard diet free from known pathogens and of a defined genetic background"*



**WILD**



**LABORATORY**



**MOUSE**

**RAT**

**HAMSTER**

**WILD**

**LABORATORY**



**GUINEA PIGS**



**RABBIT**

# World of Laboratory Animals



- **Do we know everything about disease processes**
- **Have we conquered all diseases**
- **Do we have valid alternatives to lab animals**
  - **In silico - Simulations – Virtual**
    - not real
  - **In vitro - Single cell responses do not capture other variables**
  - **Lab animal studies have transformed therapy “Incurable” diseases to completely curable.**
  - **Facilitated early diagnosis**
  - **Led to minimally invasive procedures**

## **Why not human models**

- **Many confounding factors**
- **Genetic variability**
- **Phenotypical variability**
- **Environmental variability**
- **Cloned humans could be future “Lab animals”**

**Until then.....**

# FUTURE AGENDA

- **Developmental origins of adult health & disease - for better management**
- **Cancer biology & therapy**
- **Early biomarkers of pathological processes**
- **Validation of alternatives to animal models**

Thank you